


How to Revise

Wednesday, 14 November 2018

A young woman with long dark hair, wearing a blue long-sleeved top and a long necklace, is sitting at a wooden desk in a lecture hall, writing on a piece of paper with a pen. The background is blurred, showing other students and red chairs. A large, light-colored thought bubble with a blue outline is positioned above her, containing the text "Help! I don't know how to revise!".

**Help! I
don't
know how
to revise!**

What is the point of revision?

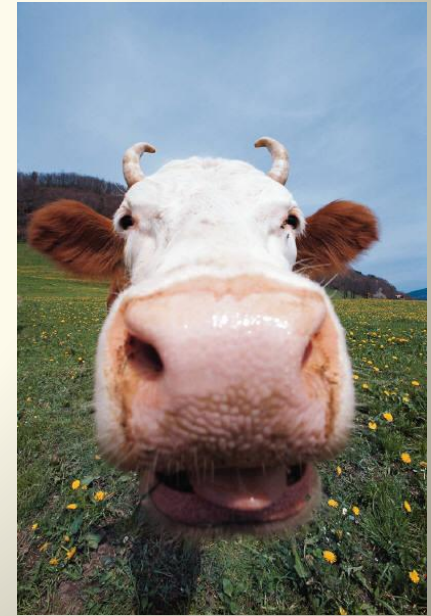
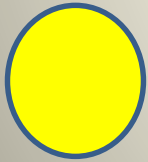
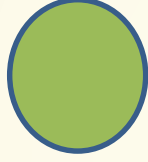
It is to *remember* things.

The best way to **remember** is through **cues**.

A cue is something that you associate with something else.

Colour, Smell, Taste, Sound

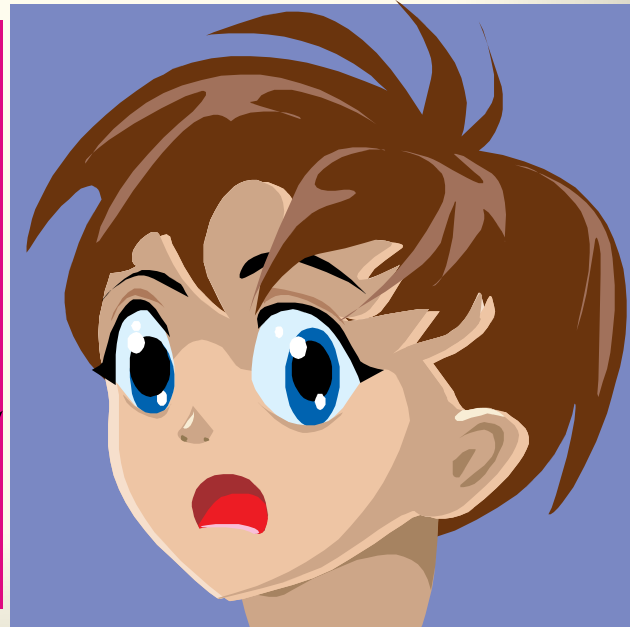
All things that you have at your fingertips.



The first rule of revision:

Don't worry.

Worrying will put you off and stop you from doing anything at all.



Second rule of revision

Do not take the easy option and go over things that you already know.

This might make you feel better *(and boost your confidence)* but actually is of no benefit.



Third rule of revision

Find out exactly what you need to know!

Look at the textbook or revision guide-
this will often summarise what you need
to know.



Final Rule:

Plan your revision.
There's no point in
trying to cram too
much in.

You know when your
exam is. What will you
need to cover by that
date?



Step 1



Make a list of your exam subjects

Ask all your teachers and complete the sheet

Exams in the hall

- Math Calculator paper
- English Component 1
Reading/ fiction writing
- Science

Exams in the classroom

-
-
-
-
-

Next week you will be given a booklet from all your subjects giving you a mini spec for your mocks.

What you need to be taking note on is here. Over the half term you should note take and then tick it off.

Step 2



Create a timetable

Home from school at 4.00	4.30-5.00	5.00-5.15	5.15-6.15	6.15 dinner and stop	Lights out latest 11
Chill out watch 30 mins of TV	Create cue cards for science. 20 mins biology, 20 mins Chem, 20 mins Physics	Grab a snack.	20 mins maths watch 20 mins planning a story for English 20 mins making a mindmap from History/ Geography text book		Get into routine of going to bed at the same time every night. You will find this hard to start with but it will get easy the more consistent you are. Self talk slow down breathing exercises or use mindfulness app

2 hours an evening of revision at this stage is enough. They are only mock exams

Use the timetable to help create a plan for the next few weeks

My Mock Timetable

Week 1	Evening Timings						
Monday							
Tuesday							
Wed							
Thurs							
Sat or Sun							

My Mock Timetable

Week 2	Evening Timings						
Monday							
Tuesday							
Wed							
Thurs							
Sat or Sun							

Half term timetable

	Day timings						
Monday							
Tuesday							
Wed							
Thurs							
Sat or Sun							

Model Half term timetable

	Day timings	Morning	20:20:20	lunch		Evening 20:20:20		
Monday		Lay in til 11	20 mins Eng, History, Span		Fifa Over park with mates	Note taking for Math, Science, math		
Tuesday								
Wed		Out Shopping with my friends						
Thurs								
Sat or Sun								

Step 3



How *can* I revise then?

Everyone is different and so you all have different things that work for you.

It isn't a good idea to write out all of your notes all over again. There are so many things you can try:

Revision Cards

Write a keyword on a card using your textbook for cues.

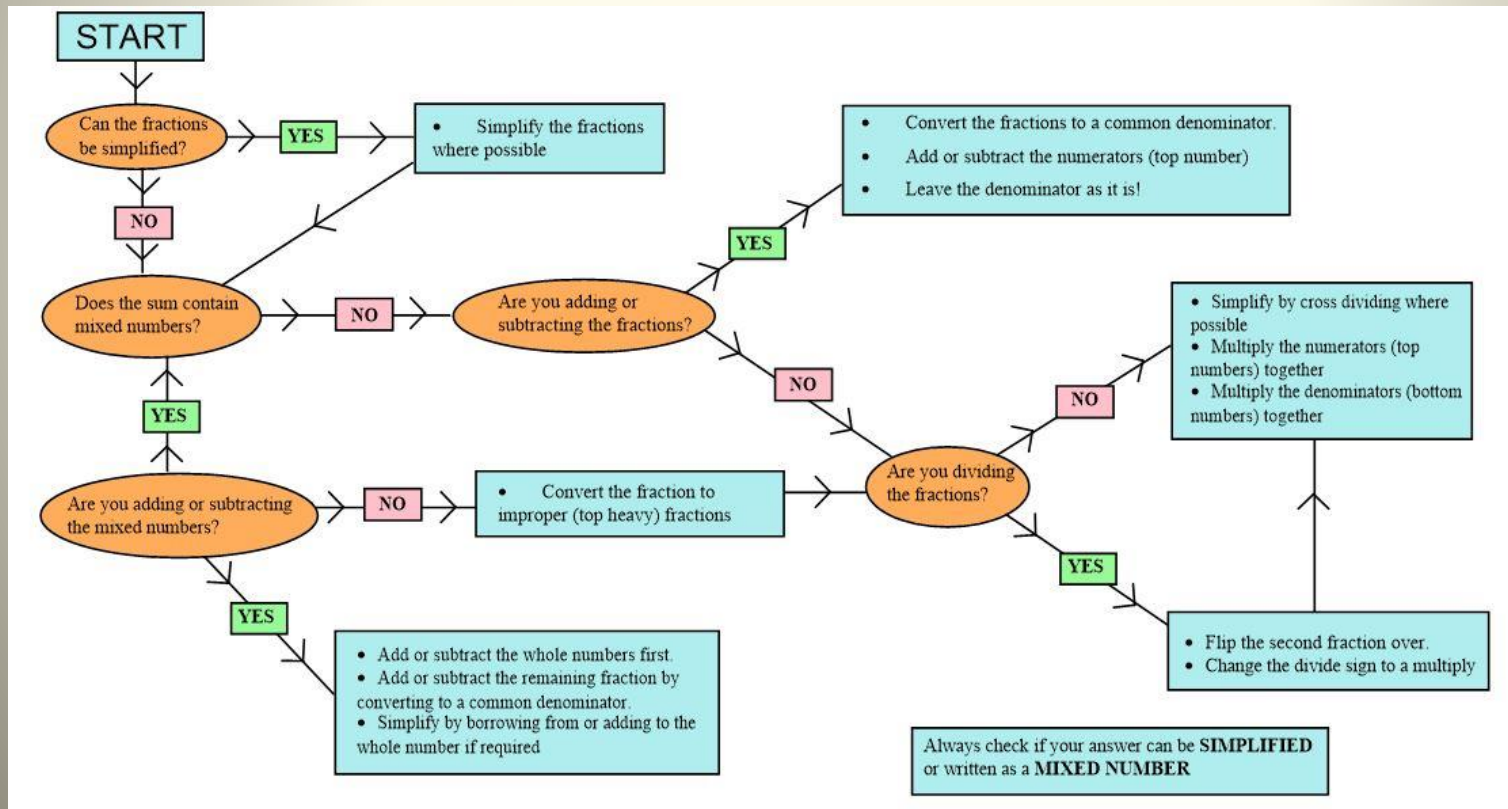
Read the relevant part of the textbook.

Come back to your cards and try to write notes on them (this tests your memory)

You can then flick through the cards to help you remember.

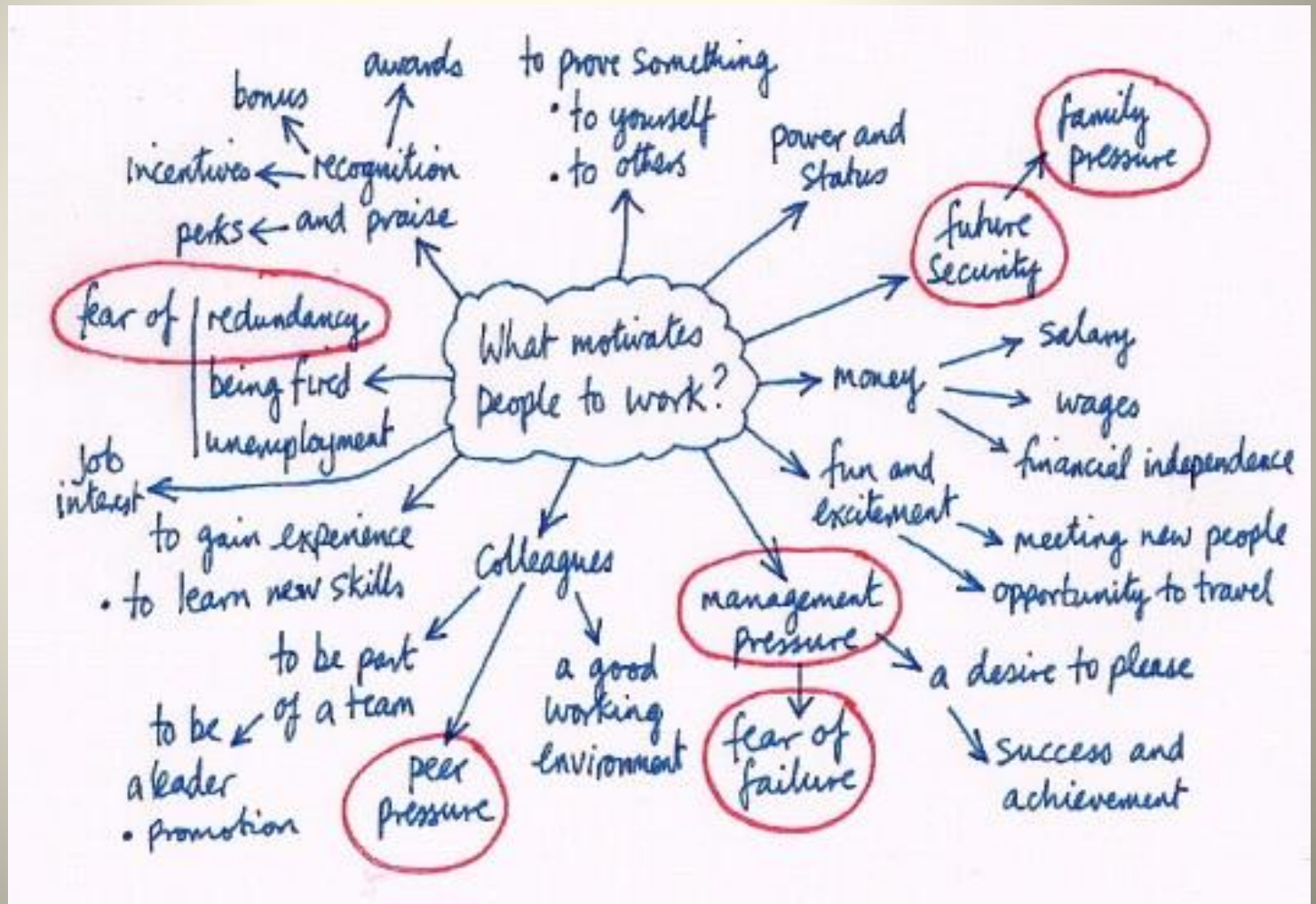
Flow Charts

This breaks down the information you need into small chunks.



Mind Maps

Sociology
Mind map



Mnemonics

- Big
- Elephants
- Can
- Always
- Understand
- Small
- Elephants

Or

Rhymes

Songs

Games

- Snap
- Pelmanism (memory game)
- Pairs
- Internet games
- Triominoes

Lists

Write lists -

Use colour

Different pens / paper

Highlight Notes

- Go through your existing notes with a highlighter. This way your attention is drawn to important bits.

Use post it notes

All around your house - put keywords in the toilet, on your bedroom wall, on your tv etc

Read out loud

- Record the information onto your iThingy or your phone.
- Play it back when you are going to sleep.

The Interweb

There are masses of resources available online:

- BBC Bitesize

Revise science:

www.revisescience.co.uk

Planning

- Plan answers

The Exam

Exposition...
Rising Action...
Climax...
Resolution...

Stop and Check
SPAG

Talk to your friends

Talking about it can help.

Have a pizza, turn on some music and have a revision party.

It might be sad but it might make the difference.

It is not all about facts

Learning facts is only part of the battle.

You need to arrange your thoughts on paper and make sure you *answer* the question.

Have a go at papers but only complete a couple of answers or write one paragraph - check your answers and then complete the question again.

Don't Panic

The 'mocks' are designed to assess your learning NOT how well you can revise.

Keep your revision simple, you can build on it later.