



Name of Exam Board	Edexcel
Link to specification	http://qualifications.pearson.com/en/qualifications/btec-nationals/sport-and-exercise-science-2016.html
Breakdown of units/ topics covered	
Year 1	Unit 1 Sport and Exercise Physiology Unit 2 Functional Anatomy, Unit 4 Fitness Testing, Unit 5 Research Methods
Year 2	Unit 3 Applied Sport and Exercise Psychology Unit 6 Coaching for Performance and Fitness Unit 9 Research Project Unit 11 Sports Massage
How is the course assessed?	3 units are externally assessed (2 exams, 1 controlled assessment)
%Coursework / Examination	5 units are internally assessed through course- work.
Suggested Reading	A textbook for this course is provided.

